

## WHAT IS ADVENTURE 3D?

Adventure 3D stems from the belief that travel and outdoor activities are more meaningful when approached as a multi-dimensional experience. Our adventure travel trips aim to offer more than a vacation but rather a transformative, lifechanging experience.

Here are TWO of the many ways that we make that we make that happen.

#### REFLECTION

Think about it...no literally! When we're at home, many of us are so consumed by our tasks and busy lifestyles that we often forget to take the time to simply think about what is going on around us. Unfortunately, we've seen these poor habitats continue even while traveling. Did you know the average time spent admiring the Grand Canyon is just 12 minutes! It is far too often that we witness travelers bouncing from one place to another, snapping photos while never truly absorbing and thinking about their surroundings. We've learned that by incorporating moments to reflect, that awareness, growth and learning opportunities are dramatically enhanced.

**What to expect:** personal journals with prompted questions; nightly group reflection activities, pre/post trip surveys

### LIFELONG LEARNING

Have you ever been on a tour where the guide leads a pack around pointing to objects and regurgitating facts? It's typically not very interesting or memorable. On the other hand, you may have been on a tour where you are simply partaking in an outdoor activity with little to no information. While this may be fun, you are left with nothing more than a "roller coaster-like" one-dimensional experience. We've taken a different approach! Our trips are carefully designed to incorporate meaningful activities paired with enriching information that promotes curiosity, reflection, and exploration. Our guests leave with long lasting and life-changing memories because they are stimulated both physically and mentally.

**What to expect:** story-like trip themes and information that promote critical thinking; 24/7 access to guides for questions/answers; pre/post trip information; hands-on activities in a team building setting

# POTENTIAL LEARNING OUTCOMES



**Teambuilding** 



**Ecology** 



**Culture & History** 



**Global Awareness** 



**Personal Growth** 



**Conservation** 



Geology



**Sustainable Travel** 



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